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Xpressions Journal

Quarterly

The Official Publication of the Individual's Voice

Volume 18, Issue 123

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eXpressionsJournal.com

"YOUR work deserves to live and to be received."

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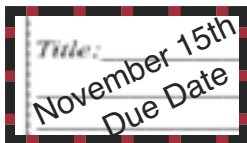


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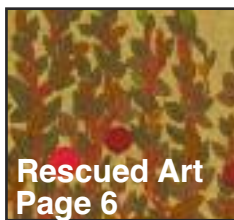
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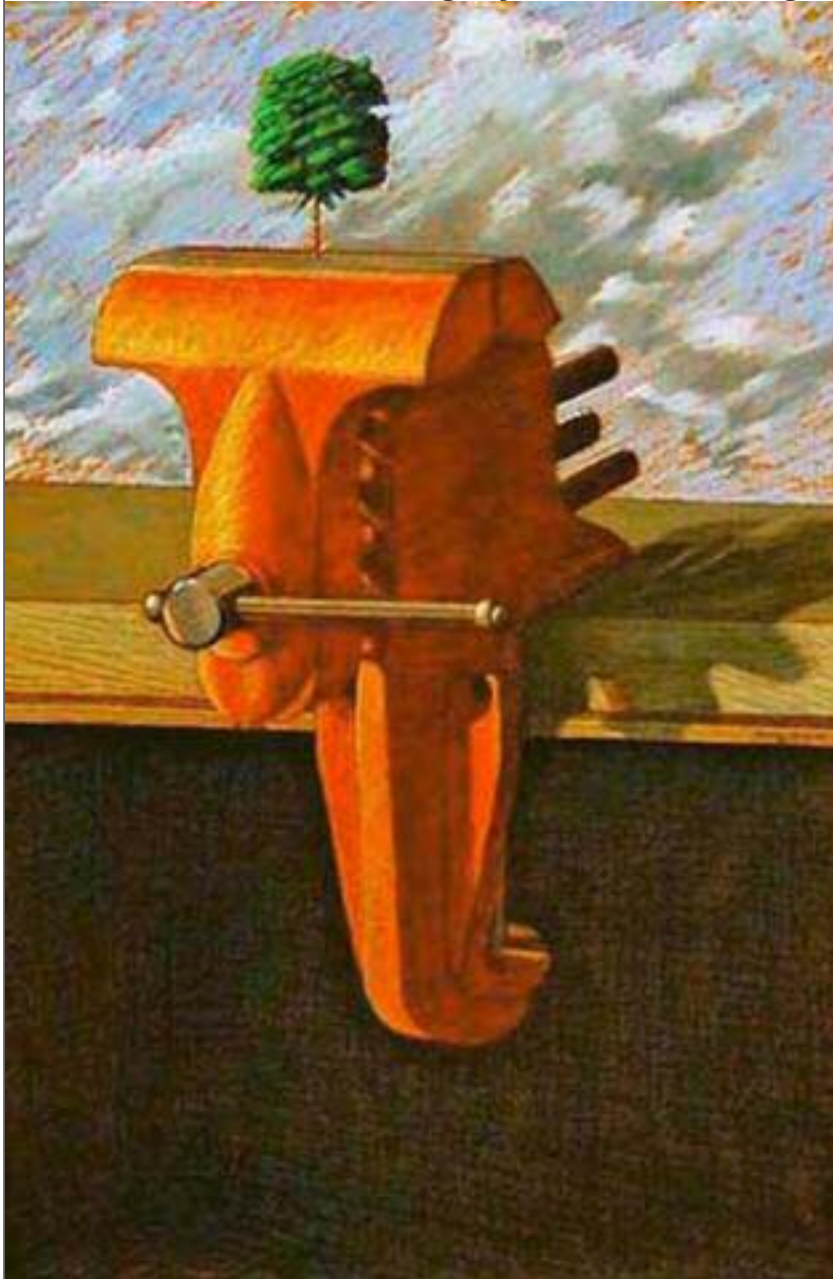
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"Overcontrol" Painting By Robert Horning



©2011 Robert Horning

Berkeley, CA

A.N. 595123

About the Artist Robert Horning

Education: MA, BA, Fine Arts: San Francisco State College; Oberlin College: zoology major; Pleasantville High School, Pleasantville, New York

Teaching: I have taught art at the Academy of Art University in San Francisco, Merritt College in Oakland, and Solano College in Fairfield, as well as at the De Young Museum Art School in San Francisco.

Artistic Philosophy: As a zoology major at Oberlin college I took a course in Philosophy of Science taught by an absolutely riveting and funny professor, Dr. Helmut Schmidt. Some students took his classes repeatedly in the vain hope of stumping him at last. Later on, in the U.S. Army, stationed near Oslo, Norway, I took a correspondence course in Aesthetics, from which I formulated my basic definition of art: Form+Feeling+Idea, the parts of which form a comprehensible unity. This definition leaves plenty of room for mystery, intuition, and subtlety. Nevertheless, I have found fellow artists to be remarkably resistant to definitions of any sort, as if this would be an undue constraint. But without some level of clarity on this point, art becomes meaningless.

Biology is still my source of inspiration, be the focus on animal, plant, or human. Before the end of the 19th century there existed a transatlantic tradition of transcendental naturalism in art and poetry. The shock of Darwin's theory obliterated that tradition totally to this day. Yes, I know. Those pink things on the chimps' butts. Not good! But I mean can't adults ever get used to something as over-proved as evolution? Missing links? What about the incredible CONTINUITY surrounding the occasional gaps? We have the same hemoglobin in our blood as any other mammal. Coupled with our excess of intelligence is an equal and opposite tendency toward delusion, which could become the ultimate cause of our extinction.

I live in Berkeley, California with my wife, Hanne, close to our two daughters, Kathryn and Cynthia and their husbands, Caedmon and Craig, and our four grand-children, Soren, Abby, Jaden and Evan.

Contact Artist Robert Horning: r.h.horning@comcast.net

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YOUR work deserves to live and to be received. Don't forsake your talent! Do not wrap your paintings and put them in the attic. Do not sell your easels. Do not take back your oil paints, do not give in to the call of the grim reaper that destroys the creativity that springs from your fingertips. And this is for all Artists, don't pack your book up and seal it in an attic tomb. Don't box your sculptures and place them in a barn in darkness. Don't give up your craft making, and put it in a few suitcases. Don't give up your art! Don't give up your title - Artist, Artisan, Poet, Author, Crafter, Sculptor! Don't give it up to the grim reaper because of a low economy. Think outside of their box! Find that new avenue where eyes are longing to see what you have produced, where ears are eager to turn the pages of your poetry! To your stories, to your prose, to your experiences! Let your sculptures arise! Polish them, let them be seen. Let them stir the imagination of the artistic consumer who awaits the beauty, the excellence in your art.

Profound and new and inspiring discoveries are being made every day! The eXpressions Journal is helping many youth artists and artisans today to remain - to be discovered by the consumers of art who are breathtakingly stirred when they see new art arising as the smoke is now clearing. Artists who were only in it for the fast buck are now disintegrating like the dew under the morning sun. And there, standing just like the green blades of grass, are the real artists at work. Defining today's art and establishing tomorrow's Van Gogh's, Monet's, Picasso's, and DaVinci's...

I hope that this short letter reaches the ears of those who had been hearing the dark sayings of the grim reaper of creativity. Always preaching their same exclusive words, "You can't do anything with art.", "No one is buying art anymore.", "You'll be a starving artist for all your life.", "That looks like some 2 year old did it!" And we could go on and on and on. I am here to tell you as Publisher of The eXpressions Journal, I'll be standing right with you, from dusk till dawn. Because in your talent I trust more than the words of the grim reapers of society.

Thank you, and if you're needing to be published in a creative sense, I can help. If you need to have your paintings published, your artwork published, your services published and carried to new audiences around the United States, you can reach me at Publisher@eXpressionsJournal.com and if you're not online you can contact me at (414) 372-4151.

Thank you for your time, and I love your art! Publisher Trammell Publisher@eXpressionsJournal.com



Writer Christina Walden Ehn

... Spotlight ...

Writer Christina Walden Ehn

*eXpressions Journal telephone Interview conducted by Susanna
with Writer Christina Walden Ehn*

eXpressions Journal

[eJ]: When did you start writing stories?

Christina Walden Ehn [CWE]: "I first started writing when I was 8 years old, I used to get on my grandma's typewriter and right short stories about half a page long, and then when I was a teenager I wrote poetry, and then in my 20's I took a writer's course, it seems like I've been writing stories my whole life."

• **eJ: Do you write fiction or non-fiction?**

CWE: "Well, fiction. I really haven't written anything that is totally non-fiction. Every scene that I write is a scene taken from real life and fictionalized and put in a real life setting. I've never written an actual non-fiction story. Made up fiction but taken from real life."

• **eJ: Tell our readers about your website. www.eleanorebooks.org**

CWE: "I do keep getting traffic from it, I'm not sure how many, I do have readership on that site, I'm not sure which is the most favorite story, it is very gratifying to know that somebody is reading my work."

• **eJ: Tell our Readers about your e-books.**

CWE: "Each one is like a special baby."

Augie Bear Was a Lonely Puppy Until He Met a Dog Who Had To Work for a Living: I got the idea back when I was 30, and I wrote a version of it, and it didn't go right, I put it away for years, then later after I'd taken a writer course and knew more how to write a story, I re-wrote it. Living in my building there was a pretty little blond hair dog named Augie and he got hit by a car, and I wanted to do something for Augie, so I rewrote the story and made Augie the main character. What was I going to hang it on? I was going to hang it on another dog next door wanting to make friends with him. And actually every dog in the story is a real life dog that I have owned or have known."

War of the Nephilim [Marjiff Was a Riastan History Teacher The Sinister Alien Kidnapped Him Across a Thousand Galaxies--To Earth---To Witness the Return of Christ The War of the Nephilim]: "I think it is sort of current. I've always been fascinated with stories from outer space and time travel. People think all of the aliens are turtle heads that want to come and blow up the earth.

People would ask the question, "What if there were really people on other planets and how would that affect our understanding of the God of the bible?" If there were other people on other planets it would have to go according to God's creation because his word is true at all times in all circumstances. But if there were another race on another planet created by the God of the bible, how would they be different from us and how would they be like us? They would be good creations, but they would not know the redeemer because they did not need a redeemer because they didn't sin like humans did, they did not need God to come and redeem, they just stayed like God created them. What I did, I invented a character on a different planet who gets kidnapped by an evil creature from the bible, kidnapped from his planet to earth, just at the time of the coming of Christ. He winds up witnessing something, learns about it as he gets here, and takes back the story of the triumph of good over evil, and brings back a >

CWE: "... copy of the bible to teach the people on his home planet. I used my imagination that God would have created in heaven, they would know God as their Creator, but not as their redeemer because they would never have sinned and needed a redeemer. In the Book of Genesis there is an account of something very, very spooky about fallen angels mating with humans and creating a hybrid race, and one of the reasons God sent the flood was to get rid of them. In my story, they are the evil ones who have survived all these centuries and now they are



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going to wage war with Christ when he comes back. And they need the men on the other planet to help them and they are trying to force them to allow them to be taken over so that they can have these young bodies of these aliens to fight against Christ. And when the alien on the other planet realizes that he's being kidnapped by the Nephilim to be used as a warrior against Christ, then he turns the table on the Nephilim and becomes a warrior for Christ. Even though he knows, and all on his planet have always known, that there is a Creator but have never known him or his name. But when he is on earth he learns the story of redemption and he learns who the Creator is and winds up fighting for him."

• **eJ: You have an e-book for sale online?**

CWE: "Yes, my first one, *A Man of Faith or a Man of Butchery*. It is about a preacher on trial for committing murder. Just this past month they [Xlibris] took it and put it on an e-book."

• **eJ: Do you sell your books anywhere on the web or off?**

CWE: "Right now I have a website that is for free. I have the e-book up. I have not yet sold anything, and actually it doesn't bother me if I don't sell them, but I want people to read them because I think they will lift them, I want them to be touched by their soul. If they get it for free or buy it, it doesn't make a difference to me."

• **eJ: What are your goals with your writing?**

CWE: "I want the people who read my stories to be lifted up to understand God a little better than they did before they read the story."

• **eJ: What do you think of the writers of today's world?**

CWE: "I want some 3D characters that I can really get to like as a real person, and then I can get interested in the story. The books are lacking 3D people that I'm interested in as people."

• **eJ: What is your inspiration for writing your stories?**

CWE: "Actually, the basic inspiration for all of them is that I want to show forth the fight between good and evil and how the Lord overcomes, and he's always the best because he's the source of all good. I wanted to write a story, with the *Nephilim* story, to show that Christ's truth is true in the entire universe no matter what situation exists, you will always find Christ is still God at the other end of the universe as he is here. In *A Man of Faith or a Man of Butchery* I wanted to show the difference in living for Christ in a terrible situation and hypocrisy in the church. That even dedicated Christians have to go through terrible things in trials of their faith and that Christ wins victories for all of us, at same time dealing with hypocrites in churches, because when you're in church it doesn't mean everyone around you is a saint. You're going to have to deal with the good and the evil, and just human difficulties that plague the entire human race.

• **eJ: Do you have a statement you'd like to give as a writer?**

CWE: "I have found that created characters and getting inside them and making them real helps me to become more rounded and more real myself because I have to learn to understand other people and how they think and feel, and if I do that then I become a better person, actually understanding real people."

Daisy

By Mary Lochemes

©2011 Mary Lochemes
Shorewood, WI A.N. 055369M

When I am lonely,
in despair,
my furry friend
to the rescue,
two paws in the air...

When I'm disgusted,
life's unfair,
my bundle of joy
comforts me,
two paws in the air...

When I've given up,
I don't care,
Daisy still luv's
me anyway,
two paws in the air...

A God given joy!
I can share,
when my Daisy
enters the room,
two paws in the air...
two paws in
the
air!

Psalms 92:4

*"...I sing for joy at the works
of your hands."*

Contact Mary at: 414-379-1322

Expectations

By Sandra Bengs

Fall is coming.
Gradually -
Still - green lawn
Beneath the tree.

Fallen leaves
Cover ground like a cowl -
For lawn, we have
Plastic blades in a bowl.

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untitled Art By Rosalie Radtke, 1976



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MEMORIES By Charlotte Herzele

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At a gathering,
I see old friends, and new,
I tell a story
From the old, "fun" days,
Forty years ago;
"That should be a movie,"
One of them says,
So it should,
Let the movies continue.

Memories decay
Not only that, but,
We remember the same events,
Differently from one another,
Between the different and the decay.

What remains of an actual event,
Between the differences and the decay,
I can remember whatever I like and
Hang onto the feelings
I think I had.

10/21/2010 for Jaclyn Pryor

BLASTED NATION

By Dr. Y.K. Sharma

©2011 Dr. Y.K. Sharma Delhi, INDIA A.N. 2510b

Blast here and blast there.
Sadly blast everywhere,
Blood in the sky, blood in the air,
Blood on the earth, blood in fair.

For knaves, it is a victory for secularism,
For vultures, it is a victory for communism,
No reservation in bloody kingdom,
This is big Jihadi fiefdom.

Nation is on the axe of division,
Leaders deliver false illusion,
Poor victims die without justice,
Killers blessed with secular bliss.

Moaning with never ending pleads,
Without mourners nation bleeds.

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Warm Cup of CoCoa

By Joel Zovar

Stop and read
for a moment.
Give your mouth a break
for a while.
Still the thoughts
floundering above you.
Observe your life
unobstructed, infantile.
Life is passing time.
Time-opportunity waiting
to be won.
Think of all you could
Do
Til' the passing time
is done.
In this life you will
master something,
whether one or two
or three
Even the fool who does
Nothing
has mastered that Art
foolishly.
So stop reading
for a moment,
and live your life
for a while.
Enjoy the warmth or cold
of Day
And at least Master
the Art of Smile.

©2011 Joel Zovar Milwaukee, WI A.N. 125Y

..... Poet Spotlight
 on Mike Berger, Ph.D

Ode To the Grave Digger

President of the Rotary Club;
 a pillar of local society. Donating
 to the poor. A paragon of virtue.

Driving a shiny new car and
 sporting a trophy wife, he has
 a smile for everyone. His two kids
 our shining stars in school. Even
 his dog has a regal look.

His business is steady; unaffected
 by recession. With a wild river
 running through town, train tracks,
 and narrow roads, he never wants
 for work.

We pay homage to the man and
 overlook the real hero. An artist
 in his own right. He digs the holes
 you and I are planted in.

Once the final rite of passage fades,
 the grave digger lays down the
 granite monument. The mortician
 reaps the profits, while the gravedigger
 lives on a meager wage.

BIOGRAPHY

Mike Berger, Ph.D.
 Phone: (801) 782-8247
 672 East 3125 North Ogden, UT 84414
 E-Mail: berger8247@msn.com
EDUCATION: MFA .

PUBLISHING HISTORY: Author of two books of short stories. Three humor pieces have won awards. Writing poetry for two years. Work has or will appear in forty-five journals. These include AIM, Still Crazy, First Edition, Stray Branch, and Mid West Quarterly, Evergreen and Westward Quarterly, Stray Branch. Published two chapbooks, **Raw and Lighten Up**. Published by CC&D Press. Winner of several poetry contests.
 Member of The Academy of American Poets

Unkind

By Jie Schiffler
 Berlin, Germany

A.N. 540033

©2011 Jie Schiffler

August 18, that was the last time I saw her. I was on the couch watching TV; Naomi was cooking; the door bell rang; I answered; it was Anna.
 "Hi," she said.
 "Hello..." I hadn't seen her for five years.
 "Are you busy? Would you like to take a stroll?"
 Naomi came out of the kitchen: "Who is it?"
 "An old friend of mine, I'll be back soon." I didn't wait for her reply. I walked out the door with Anna.
 Anna and I have never been, well, officially, "together". We got along fine but I never loved her. Perhaps I was frivolous, or we were both financially unstable, or I preferred someone more politically active, or I preferred someone Irish-Italian like me. I don't really know. I met her in a local newspaper in the area; she was working for an exam. We spent a couple of days visiting the bay area and Berkeley. We didn't get into touch after her San Francisco trip until seven years ago, when I decided to move back to upstate New York, but before that I wanted to visit Europe. Anna had moved to France and told her that I was coming. My original plan was to stay in France for a couple of days and then spend the rest of my sabbatical year in Italy and eastern Europe; it wasn't a fixed plan though. Besides the two weeks I was in eastern Europe, I ended up spending the rest of the summer with her. I accompanied her moving around in France, taking different exams in divers cities and an interview in Berlin. We were technically living together for 2 months, until I was completely broke. I came back to New York after 3 months of Euro trip.
 "How are you? Are you still a journalist?"

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 "Unkind" By Writer Jie Schiffler *Click Here.*

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Environmental Update

The eXpressions Journal Recycling Team has been active in the last year. We've saved art from going to the landfill, sculptures from going to the landfill. We've taken 42,000 pounds of Aluminum, Sheet Iron, Copper, and Brass from the waste stream and put them in their proper place. We're happy!

I have been leading the Environmental Operation and I want to thank the Readers and Subscribers who responded and gave us a call for a pick up. Let me remind everybody - Freedom of Expression can only be obtained if the individual expresses themselves. And a clean environment is only a clean environment if we remove hazardous metals from the waste stream. But it can only happen if you take an active part. Be a force with us, help this effort by giving us a call with your recyclables. Go to our web page for what we accept, and what we pick up.

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Thanks again, your *Publisher and Head Recycler, Bernell Trammell*. Enjoy the read and send your environmental poem, story, art, photo, expression for publishing and archiving.

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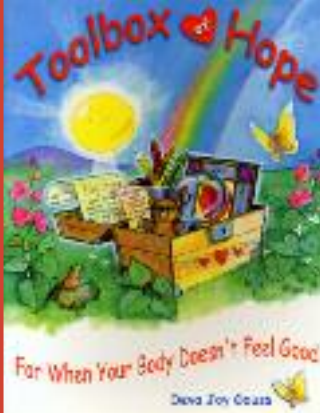
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